

September 13th Pre-K Family Lesson



Bible Story: God Calls Moses (Exodus 3:1-14; 4:1-17)

Big Idea: God helps us in our weakness.

Series Memory Verse:

My help comes from the LORD, the Maker of heaven and earth. -Psalm 121:2

Lesson Supplies:

- 3 Balls can be paper balls
- A basket or bin
- Paper and drawing/ coloring utensils

Lesson Guide:

1. Dance and sing with your child to one or both of these songs.

"There are Promises" - https://www.youtube.com/watch?v=tz-0Gi0a8H4&feature=youtu.be
"911 of My Heart" - https://www.youtube.com/watch?v=dvTwC8fciNY&feature=youtu.be

- 2. Open your Bible to Exodus 3, and show your kids where today's true story about Moses is found.
- 3. Tell the Bible story like this...
 - This link will take you to Bible story pictures that you can print out or just show your child as you tell the story: https://www.freebibleimages.org/illustrations/ls-burning-bush/

- Does anyone remember what happened to Moses as a baby? Yes, Moses and his family were from Israel, but he was raised by the daughter of Pharaoh, the king of Egypt.
- Moses had a pretty good life until one day, as a grownup, he made a big mistake. He got
 into a fight with some guys. He ran away from Egypt and began a brand new life.
 - One day, while Moses was outside taking care of his sheep, he saw something in the distance. He saw a bush on fire, but the bush wasn't burning up! Can you all make some fire motions and noises?
 - When Moses went to take a closer look at the bush, the bush started talking! If a bush could talk, what do you think it would say? Those are some funny answers! But the bush wasn't actually talking. God was in the bush and talking to Moses! Moses took off his sandals to show that this place was a holy place it was a way of showing respect for God.
- God had a message for Moses. God wanted Moses to go back to Egypt to bring God's people, the Israelites, out of Egypt.
 - What a big job God asked Moses to do! Do you think Moses was happy to do this big job for God? Actually, Moses didn't want to go! Moses told God that he didn't think he was good enough to do the job. Moses thought maybe God should send someone else instead.
- But God knew better! It didn't matter that Moses was full of weaknesses and mistakes from the past. God told Moses that he wouldn't be alone because God would help Moses!
 - First, God said Moses could take his brother, Aaron, along to help Moses talk to the people.
 - Then, God gave Moses a special staff which is a big stick that some people use to help them walk — that God was going to use to perform miracles so that the people in Egypt would see the power of God.
- Now, Moses was ready to go to Egypt to rescue the people of Israel from Pharaoh!
- 4. Show this video to review the Bible story.

https://vimeo.com/446241196/a47f2b5a5e

- 5. Ask Your Little One(s) These Questions:
 - Who was talking from the burning bush?
 - What did God ask Moses to do?
 - How did God help Moses?
 - How does God help you and me?
 - Who does God put in our lives to help us?
- 6. Play this game with your child
- Give your child 3 balls (can be paper balls) and have them stand on a start line.
- Set up a basket / bin about 5 feet from them.
- Tell them that they need to get the balls into the basket 10 times, and that they can never shoot in front of the start line.
- Set a timer to see how long this takes them.
- Do not help them at all (you can count their baskets for them, but do not get the balls out or take them back to the start line or anything like that).

- Play again and time them again, but this round hold the basket or bin and move it to help them score every time they shoot, as well as tossing the balls back to them at the start line.
- They shouldn't have to work as hard the second round and they should get a much better time.
- Talk to them about the two rounds...how they felt, the differences, etc.
- Talk about how we need God to help us on a daily basis. We have weaknesses, but God does not.

Explain that He is all powerful and strong, and yet He is loving and always willing to help us. If God calls us to do something, He will help us do it. We don't have to try to do things in our own strength or hide from doing hard things because we have a God who helps us in our weakness.

7. Series Memory Verse Practice.

• Help your child draw a burning bush, and then write the first half of the series memory verse on it. "My help comes from the Lord…" Psalm 121:2A



- MAYBE SOMETHING LIKE THIS:
- Say the verse together many times...say it as loud as you can, as quiet as you can, as fast as you can and as slow as you can.
- Find a place to hang up your burning bush picture to remind your family that God helped Moses and He will help us too. Our help comes from the Lord!

8. Pray with your family.