

WEST RIDGE GROUPS

Group Member Discussion Guide

Week of April 12, 2026

CHECK-IN (~20 minutes)

How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?

MESSAGE SUMMARY

This week we jump back into our teaching series through the book of Romans. Everyone serves a master, either sin or God (according to Romans 6:15-23), and there is no neutral ground of self-rule. The Apostle Paul challenges believers to recognize that while grace frees us from sin's ownership, we must intentionally offer ourselves to righteousness with the same discipline we once gave to sin. These passages contrast two roads: sin pays wages that lead to death, while God gives the free gift of eternal life in Christ Jesus. True freedom is not found in having no master, but in belonging to Christ and allowing that ownership to transform how we actually live.

GROUP DISCUSSION (~50 minutes)

1. What did you find most compelling or challenging about the message this week? Share your thoughts with the group.
2. **Read Romans 6:16**
Paul says we all serve something—it's just a matter of what. What gets your "quick obedience"? What voice do you answer most easily? How does this reveal what might be ruling you?
3. **Read Romans 6:21-22**
Reflecting on verse 21: "What fruit were you getting from the things of which you are now ashamed?" What are some things that sin promised you that it failed to deliver? Share your experience with the group.
4. In his message, Pastor Brian said "Be as intentional about righteousness as you once were about sin." What specific habits or disciplines did you once bring to sin that you could now redirect toward your walk with God?
5. **Read Romans 6:17-18**
Pastor Brian challenged us to stop treating sin like it's harmless. Where have you "gotten casual with sin" or renamed it instead of repenting of it?

WRAP-UP (~10 minutes)

Prayer — How can we be praying for you? What are you excited about right now? What are you worried about?

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

Example: “Hey _____, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?”

PERSONAL NOTES

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):