

WEST RIDGE GROUPS

Group Member Discussion Guide

Week of November 30, 2025

CHECK-IN (~20 minutes)

How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?

MESSAGE SUMMARY

This week, we continued our teaching series entitled *Grateful*. Pastor Brian taught that true gratitude begins with God's generosity toward us—most clearly seen in His grace, salvation, and every good gift He provides. As believers grow more rooted in Christ, gratitude should overflow from our lives through generosity, encouragement in relationships, and heartfelt worship. Scripture shows that gratitude is not dependent on circumstances but should be anchored in God's unchanging character, as demonstrated in Habakkuk's declaration of trust even in crisis. Intentional daily practices help believers cultivate a lifestyle where gratitude consistently flows outward to bless others and honor God.

GROUP DISCUSSION (~50 minutes)

1. What did you find compelling or challenging about the message this week? Share your thoughts with the group.
2. Read Ephesians 2:8–9
Why is understanding God's grace essential for developing a grateful heart?
3. Read 2 Corinthians 9:11
How should gratitude overflow into generosity toward others in practical, everyday ways?
4. Read 1 Thessalonians 5:11
In what ways can expressing gratitude transform your relationships with family, friends, and coworkers?
5. Read Habakkuk 3:17–18
How can we choose gratitude and worship even when life feels uncertain or painful?

WRAP-UP (~10 minutes)

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

Example: "Hey _____, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?"

PERSONAL NOTES

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):