

WEST RIDGE GROUPS

Group Member Discussion Guide

Week of July 6, 2025

CHECK-IN (~20 minutes)

How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?

MESSAGE SUMMARY

This week, we continued our Summer in the Psalms message series. Pastor Tim Grandstaff joined us from Genesis Church in Orlando. In his message, he shared how Psalm 51 became a lifeline during a spiritual dry season, revealing how unresolved sin—even if not scandalous—can quietly rob us of joy and intimacy with God. Drawing from King David's heartfelt repentance after his sin with Bathsheba, the message emphasized that sin has consequences, but God offers mercy to those who come to Him with a broken and contrite heart. Repentance is not about modifying behavior but allowing God to create something new within—a clean heart and a renewed spirit. Pastor Tim called us to return to God, reclaim joy, and open ourselves up again to His transforming presence.

GROUP DISCUSSION (~50 minutes)

1. Thinking back to the message this week, was there anything that challenged you personally? Share your thoughts with the group.

2. Read Psalm 51:1–4

Why is Psalm 51 such a powerful example of true repentance? Discuss how David's confession models honesty before God. Why do you think it matters that David says, "Against you, you only, have I sinned"?

3. Read Psalm 51:6; Hebrews 4:12–13

What does it mean to give God access to our "inward being" or "secret heart"? How can we make space for God to work deeply within us? What are the risks of closing off that space?

4. Read Psalm 51:16–17; 2 Corinthians 7:10

There is a difference between repentance and remorse. How can we tell if we're just sorry we got caught, versus truly turning from sin? Why does God value a broken and contrite heart more than outward religious acts?

5. Read Psalm 51:10–13.

Why does David ask for joy to be restored? How does a renewed heart lead to a renewed calling? How does forgiveness lead to renewed joy and purpose?

WRAP-UP (~10 minutes)

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

Example: "Hey ____, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?"

PERSONAL NOTES

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):