

# WEST RIDGE GROUPS

## Group Member Discussion Guide

Week of June 29, 2025

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### **CHECK-IN** (~20 minutes)

How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?

### **MESSAGE SUMMARY**

This week, we continued our Summer in the Psalms message series. In his message, Dr. Will Gravely explores the comforting truth that God is always present—whether we're at the highest peak, the lowest pit, or lost in the middle of nowhere. Just like we never leave the house without our phones, we can never truly be without God, even when it feels like we've misplaced Him. The message encouraged us to reflect on how often we interact with God in both the joyful and painful seasons of life, emphasizing that knowing God is a privilege and a process. God knows us perfectly, and we grow to know Him more intimately through consistent interaction and relationship.

### **GROUP DISCUSSION** (~50 minutes)

1. Thinking back to the message this week, was there anything that challenged you personally? Share your thoughts with the group.

2. Read Psalm 139:8

Where do you find yourself most aware of God's presence—in the peaks or in the pits of life? Why do you think that is the case?

3. Read Psalm 139:9–10

How does the idea that God is always with you change the way you handle loneliness or uncertainty?

4. Read Psalm 139:13–14

What does it mean to you that getting to know the Lord is both a privilege and a process?

5. Read James 4:8

How can we build a lifestyle of interaction with God instead of only observation from a

distance?

## **WRAP-UP (~10 minutes)**

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

Example: "Hey \_\_\_\_, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?"

## **PERSONAL NOTES**

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):