

WEST RIDGE GROUPS

Group Member Discussion Guide

Week of June 15, 2025

CHECK-IN (~20 minutes)

How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?

MESSAGE SUMMARY

This week, we continued our Summer in the Psalms message series. Pastor Brian taught that believers are not only in a spiritual battle but are also equipped by God to stand strong in it. Teaching from Psalm 91, Pastor Brian showed us the importance of dwelling in God's presence, trusting Him as our refuge, and relying on His promises of protection, deliverance, and supernatural help. He reminded us that even in times of fear, danger, or spiritual attack, God offers courage, angelic assistance, and lasting reward to those who hold fast to Him in love. Ultimately, our strength in battle comes from intimacy with God and trust in His faithfulness.

GROUP DISCUSSION (~50 minutes)

1. Thinking back to the message this week, was there anything that challenged you personally? Share your thoughts with the group.

2. Read Psalm 91:1; John 15:4-5

What does it mean to "dwell in the shelter of the Most High," and how can we do that practically each day?

3. Read Psalm 91:2; Proverbs 3:5-6

Why is trusting God essential in spiritual battles, and what does that look like in your current circumstances?

4. Read Psalm 91:3-6; 1 Peter 5:8; John 17:15

What promises from Psalm 91 encourage you the most in times of fear or uncertainty, and why?

5. Read Psalm 91:11-12, 14-16; Ephesians 6:12

How does God's supernatural protection through His angels and His presence impact

the way you face life's challenges?

WRAP-UP (~10 minutes)

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

Example: "Hey ____, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?"

PERSONAL NOTES

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):