

# WEST RIDGE GROUPS

## Group Member Discussion Guide

*Week of December 22, 2024*

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### **CHECK-IN** (~20 minutes)

*How was your week?* What was the high part of your week? What was the low part of your week? What can we celebrate together?

### **MESSAGE SUMMARY**

This week, we continued our message series *Traditions*. Pastor Brian and his wife, Amy focused on Jesus' declaration in John 6:35, "I am the Bread of Life," emphasizing that He alone satisfies the spiritual hunger of humanity. Using the miracle of feeding the 5,000 as an example, they illustrated how Jesus invites people to look beyond their physical needs and seek a relationship with Him that brings eternal fulfillment. By identifying Himself as "I AM," Jesus claims to be the Son of God, connecting His identity to the God of Israel revealed to Moses. This relationship with Jesus transforms believers, giving them a new identity, sustaining them through life's challenges, and meeting their deepest needs with purpose and peace. The message challenged us to consider whether Jesus is truly enough for us and to pursue full devotion to Him as the ultimate source of life and satisfaction.

### **GROUP DISCUSSION** (~50 minutes)

1. Thinking back to the message this week, was there anything that challenged you personally? Share your thoughts with the group.

2. *Read John 6:35*

What does Jesus mean when He says, "I am the Bread of Life"?

3. *Read John 6:26-27*

How can we ensure we are seeking Jesus for who He is, rather than just for what He can do for us?

4. *Read Isaiah 55:2*

What are some "false breads" (temporary satisfactions) we often chase, and how do

they fall short?

5. *Read Psalm 107:9*

How can we grow in experiencing Jesus as the Bread of Life in our daily lives?

**WRAP-UP** (~10 minutes)

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

*What does it look like to hold each other accountable?* It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

*Example:* “Hey \_\_\_\_\_, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?”

**PERSONAL NOTES**

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):

**ANNOUNCEMENTS**

**Join us for Christmas Eve services:**

December 23rd - 4pm & 6pm

December 24th - 1pm, 3pm, or 5pm