



Series Overview: Astronaut Neil Armstrong once said landing on the moon was “one small step for man.” Maybe he understood that the biggest adventures start in such a simple way – with a step. Stepping out to explore uncharted territory can be intimidating, but when we are following Jesus, it is always worth it! In this four-week series, we’ll take a look at the Book of Acts to learn from the first Christians. Through their stories of faith and bravery, kids will learn how to take the first step of believing in Jesus, the next step of praying for others, an even bigger step of trusting the Holy Spirit makes us brave, and a faith-filled step of telling others about Jesus.

Bible Story: Jesus Goes Up to Heaven: Acts 1:1–11

Big Idea: Take the first step — believe in Jesus.

Series Memory Verse: “The heavens declare the glory of God; the skies proclaim the work of His hands.” -Psalm 19:1

Lesson Guide:

1. Dance and sing with your child to these songs.

- [I Believe - Song Video \(youtube.com\)"This Little Light Of Mine" \(youtube.com\)](#)
- [I Will Pray \(youtube.com\)](#)
- [God Makes Me Brave | Mr. Music's Sing-Along Vol. 1 | LifeKids \(youtube.com\)](#)

2. Show this video to teach the Bible story.

- [TeachingVideo1_OneSmallStep_Preschool_Growkids on Vimeo](#)

3. Review the Bible story like this:

***Supplies: Bible**

- Open the Bible Acts 1 and show your family where today's story comes from (You could even read verses 1-3 aloud).
- Ask the following questions to review the story...
 - Where did Jesus go in today's Bible story? *To heaven.*
 - Who did Jesus tell the disciples to wait for? *The Holy Spirit.*
 - Jesus wanted his disciples to tell people what? *About Jesus.*
 - Is Jesus coming back one day? *Yes.*
 - What is the first step that we can take? *Believe in Jesus.*

4. Practice the May Memory Verse like this:

***Supplies = a Bible**

- Look up Psalm 19:1 in the Bible and read it to the kids.
- Help the kids learn the verse and teach these motions to go along with it.
- <https://photos.app.goo.gl/sJdyv1kJXhLLLURt6>
- Have your family gather around you and try some of these fun exercises to train for imaginary space travel.
 - *Gravity Jumps (high jumps)*
 - *Star Jumps (jumping jacks)*
 - *Space Walk (bear crawl)*
 - *Asteroid Dash (short sprints)*
 - *First Step Lunges (lunges)*
 - *Orbits (arm swings)*
 - *Lift Off (squats)*
- Mix in having them say the memory verse and do the motions as you all train.
- **Would you ever want to travel to space to see more of God's amazing creation?** Before you can go, you have to train...a lot!
- Did you know that it can take ten years before someone can become an astronaut? They need to go to school, study hard, and train their bodies.
- Even when something seems like a lot of work, we can start by taking the first step. That's what we do when we follow Jesus, too.

5. PRAY WITH THE YOUR FAMILY!