

# WEST RIDGE GROUPS

## Group Member Discussion Guide

*Week of March 19, 2023*

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### **CHECK-IN (~20 minutes)**

*How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?*

### **MESSAGE SUMMARY**

This week we continued our series in the book of Mark. In his message this week, Pastor Brian taught from Mark 5:1-20. In these verses we see that Jesus rescues a man that is possessed by demons and his life is forever changed. Jesus can do the same for us, He can and wants to rescue us from our wrecked and broken lives.

### **GROUP DISCUSSION (~50 minutes)**

1. Thinking back to the message this week, what one or two takeaways would you share with the group?

2. *Read Mark 5:2-5*

After reading these verses, what two or three things stick out to you?

3. Pastor Brian talked about how this man that was possessed by demons was in a desperate situation - when is the last time you found yourself in a desperate situation and in need of God's intervention?

4. *Read Mark 5:6-13*

How did this man know who Jesus was? Re-read verses 10 thru 13. How do these verses speak to the authority of Jesus?

5. *Read Mark 5:14-15a, 2 Corinthians 5:17,*

This man was made whole and new, just as we are when we are saved by Jesus. When is the last time you shared what God has done in your life? Give an example to the group.

*6. Read Mark 5:18-20*

Jesus gave this healed man the authority to proclaim what He had done for him. Pastor Brian said that no matter where you find yourself (where you live, work, or play) you are there for a purpose to shine the light of Jesus. How can you take a next step this week?

**WRAP-UP (~10 minutes)**

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

*What does it look like to hold each other accountable?* It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

*Example:* “Hey \_\_\_\_, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?”

**PERSONAL NOTES**

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):