# WEST RIDGE GROUPS

Group Member Discussion Guide *Week of March 12, 2023* 

#### CHECK-IN (~20 minutes)

*How was your week?* What was the high part of your week? What was the low part of your week? What can we celebrate together?

#### **MESSAGE SUMMARY**

This week we continued our series in the book of Mark. Pastor Nate Galloway shared from a familiar story of Jesus calming a storm in Mark 4. In our lives we will experience storms, but we have hope in Jesus because He is in control, loves us, and we can trust Him completely.

### **GROUP DISCUSSION** (~50 minutes)

*1*. Thinking back to the message this week, what one or two takeaways would you share with the group?

2. Read John 16:33

Have you ever wondered why God allows us to go through storms in life?

3. Pastor Nate said there are three reasons we go through storms: our own decisions, attacks from the enemy, and storms from the broken, fallen world we live in. When you've had your times of trouble, have you ever questioned God's care or love for you? What hope can we find in Mark 4:39?

4. What is Jesus telling His disciples, and even telling us as we traverse through life's storms in verses 39-40?

#### 5. Read Romans 5:8, 1 Peter 5:7

Pastor Nate told us that in the midst of the storms of life we need to remember God is in control, God is with us, and God has a purpose. What truths from these scriptures can you anchor yourself in this week?

### WRAP-UP (~10 minutes)

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

*Example:* "Hey \_\_\_\_\_, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?"

## PERSONAL NOTES

This week, my next step is: This week I am going to check in on (name): This week, my Bible reading will be (e.g. Philippians chapters 1-4):