

3. Review the Bible story like this:

***Supplies: Bible, salt, and a flashlight**

- Jesus was a wonderful teacher. He taught people how to do all sorts of things, especially how to follow God. Let's learn about one of those things right now!
- I'm going to describe something to you that is used all the time in cooking and eating, and I want you to try and guess what I'm talking about.
 - It's white. Comes in tiny grains. Usually you can find this on a table beside pepper. Lots of people put this on top of their French fries or soft pretzels. Does anyone have any guesses yet?
 - Yes! What I'm describing is salt! Each grain of salt is SO small but it makes a BIG difference.
 - *Read Matthew 5:13 out loud and then show your family some salt...you could have them all try it if you want.*
 - Salt helps to add flavor to our food. It can also be used to make food last longer. It's important for salt to do its job!
 - Jesus said that we are the salt of the earth. That means we have a job, too! We need to make other people's lives better, just like salt makes food better. We can do that by helping others and telling them about Jesus.
- Ok, now I'm going to describe something else. Let's see if you can guess what this item is.
 - This is something that is helpful when it's dark. You can get this from a flashlight, a candle, lamp, or even the sun. People put strings of these on the outside of their houses around Christmas time. **Did you guess it yet?**
 - If you guessed light, you are correct! Light is also something that makes a big difference in our lives.
- *Read Matthew 5:14-16 out loud and then turn on a flashlight.*
 - Just like we learned about salt, light is also super important. Light helps us see where we're going. And when it's dark, light helps us not be scared anymore.
 - Jesus tells us that we are a light, too! We can help other people see how wonderful and powerful Jesus is.
- Salt and light are great examples of how Jesus wants us to make a difference in our world!
- **BIG IDEA | Jesus taught us how to make a difference!**

4. Practice the February Memory Verse like this:

- Look up John 13:15 in the Bible and read it with your family.
- Help the kids learn the first part of the verse using these motions:
<https://www.dropbox.com/s/81vour0vayy3xlr/Feb2023MemVerseMotions.MOV?dl=0>
- Set up an obstacle course inside or outside your house (use chairs to weave through, a table to crawl under, toys to jump over, etc.)
- Set the example of how to do the course, and then challenge your family to follow your example.
- **Have each person say the memory verse with you to finish the course.**
- Then they can get back in line and do the course again.
- You could change the course up and repeat the activity if time allows.

5. PRAY WITH THE YOUR FAMILY!