February 5<sup>th</sup> Pre-K Online Lesson



**Series Overview:** The internet helps us learn how to do so many things! From new skate tricks and viral recipes to helpful hacks, there's a "how-to" for almost everything. But is there a tutorial video for how to follow God? This four-week series is kind of like that — thanks to some tutorials from Jesus! Each week, we'll focus on one of Jesus' teachings from the Sermon on the Mount as we learn "how to" make a difference, love our enemies, share with others, and pray.

**Bible Story:** Salt and Light = Matthew 5:13-16; Isaiah 58:1-12

**Big Idea:** Jesus taught us how to make a difference.

**Series Memory Verse:** "<u>I have set you an example</u> that you should do as I have done for you." -John 13:15

## Lesson Guide:

- 1. Dance and sing with your child to these songs.
  - Yancy Wanna Be Like Jesus [OFFICIAL LYRIC VIDEO] from Kidmin Worship Vol. 3 -YouTube
  - <u>"This Little Light Of Mine" YouTube</u>
  - Follow On YouTube
- 2. Show this video to teach the Bible story.
  - How To... Preschool Week 1 (vimeo.com)

3. Review the Bible story like this:

## \*Supplies: Bible, salt, and a flashlight

- Jesus was a wonderful teacher. He taught people how to do all sorts of things, especially how to follow God. Let's learn about one of those things right now!
- I'm going to describe something to you that is used all the time in cooking and eating, and I want you to try and guess what I'm talking about.
  - It's white. Comes in tiny grains. Usually you can find this on a table beside pepper. Lots of people put this on top of their French fries or soft pretzels. Does anyone have any guesses yet?
  - Yes! What I'm describing is salt! Each grain of salt is SO small but it makes a BIG difference.
  - Read Matthew 5:13 out loud and then show your family some salt...you could have them all try it if you want.
  - Salt helps to add flavor to our food. It can also be used to make food last longer. It's important for salt to do its job!
  - Jesus said that we are the salt of the earth. That means we have a job, too! We need to make other people's lives better, just like salt makes food better. We can do that by helping others and telling them about Jesus.
- Ok, now I'm going to describe something else. Let's see if you can guess what this item is.
  - This is something that is helpful when it's dark. You can get this from a flashlight, a candle, lamp, or even the sun. People put strings of these on the outside of their houses around Christmas time. Did you guess it yet?
  - If you guessed light, you are correct! Light is also something that makes a big difference in our lives.
- Read Matthew 5:14-16 out loud and then turn on a flashlight.
  - Just like we learned about salt, light is also super important. Light helps us see where we're going. And when it's dark, light helps us not be scared anymore.
  - Jesus tells us that we are a light, too! We can help other people see how wonderful and powerful Jesus is.
- Salt and light are great examples of how Jesus wants us to make a difference in our world!
- **BIG IDEA** | Jesus taught us how to make a difference!
- 4. Practice the February Memory Verse like this:
  - Look up John 13:15 in the Bible and read it with your family.
  - Help the kids learn the first part of the verse using these motions:

https://www.dropbox.com/s/81vour0vayy3xlr/Feb2023MemVerseMotions.MOV?dl=0

- Set up an obstacle course inside or outside your house (use chairs to weave through, a table to crawl under, toys to jump over, etc.)
- Set the example of how to do the course, and then challenge your family to follow your example.
- Have each person say the memory verse with you to finish the course.
- Then they can get back in line and do the course again.
- You could change the course up and repeat the activity if time allows.

## 5. PRAY WITH THE YOUR FAMILY!