

MARRIAGE ENRICHMENT - LESSON 10

Oneness

Genesis 2:24 (NLT)

“This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.”

Main Idea: We were created to be one with our spouse. We are partners in life and purpose. Oneness happens when we agree with God's purpose for our marriage. All other relationships in our life should be secondary to our relationship with God (first) and our relationship to our spouse (second), but we often prioritize children, jobs, hobbies, and personal comfort over our spouse. Mental, emotional, sexual, and spiritual intimacy create a closeness that unites us as one.

Optional Resources for Leading the Lesson



Idea for Illustrating the Main Idea:

Discuss marriage as a team. A team will not succeed if members pursue individual goals apart from the team. A marriage will not succeed if each spouse is pursuing their own goals rather than what is best for the marriage. Becoming “one”, we surrender our ability to live independently and acknowledge the role God has given us as members of a three-person team – God, you and your spouse. (Ecc. 4:9-12)



Additional Scriptures for you to read/reference with the group:

Philippians 2:2 (ESV), John 17:22 (ESV), Mark 10:9 (ESV), 1 Thessalonians 3:12 (NLT), Ecclesiastes 4:9-12 (NIV), Ephesians 5:31-33



Gospel Implications: (connect the lesson to their relationship with God)

Oneness in marriage demonstrates the oneness of God in three persons (John 17: “...that they may be one, even as we are one...”) and the love between Christ and His church (Ephesians 5:25 – 32 “...and the two shall become one flesh. This mystery is profound, and I am saying that it refers to Christ and the church.”)

1. In what ways are you currently experiencing oneness with your spouse?
2. What choices have you made recently that are hindering your marriage and preventing you from experiencing oneness? (Examples: prioritizing job, kids, parents, schedule, personal issues, exhaustion, etc. over your spouse)
3. We desire intimacy in four ways: mentally, emotionally, sexually, and spiritually. In which of these areas do you need the most growth?

THROUGH THE WEEK

Oneness

Read the Scripture below for each day and answer the following questions. Every passage may not clearly give an answer to each question but think through these questions and see how God leads you. You may want to use a journal for this daily time in God's word.

1. What do I learn about God?
2. What do I learn about myself?
3. What do I learn about loving my spouse/others?

Day 1	Day 2	Day 3	Day 4	Day 5
Genesis 2:18-25	Ephesians 5:25-33	John 17:20-26	Ecclesiastes 4:8-12	Ephesians 4:1-3



Challenge for the Week:

Identify one thing that you have prioritized above God and your spouse (i.e., job, kids, parents, friends, hobbies). Ask forgiveness from God and your spouse.



Additional Resources:

Article - <https://www.reengage.org/blog/10-ways-to-grow>

Article - <https://www.reengage.org/blog/connect-creatively>

Book - **Intimate Allies** by Dan Allender