

# MARRIAGE ENRICHMENT GROUP

## Lesson 2 - Recognize I Need God's Help

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*"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing."*

### **John 15:5**

**Main Idea:** For many couples, the answers to the struggles they face in marriage are often met with the following solutions: *a)* fix your spouse, *b)* try harder yourself, or *c)* give up. These efforts are typically ineffective and often lead to frustration from unmet expectations, discontentment, and resentment. We don't have the power to make lasting change in our life. Change begins when we recognize we need God's help.

1. In what ways do you recognize you need God's help?
2. What is one area of your life where you have been relying on yourself? How has this impacted your marriage?
3. If someone were to eavesdrop in on your home, who would they say has authority or control in your marriage? Who is "steering the ship?"
4. If you were relying on God's authority in your life, how would that change the purpose or direction of your marriage?
5. What are one or two steps you can take to acknowledge God's authority in your life and marriage?

# THROUGH THE WEEK

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Read the Scripture below for each day and answer the following questions. Every passage may not clearly give an answer to each question but think through these questions and see how God leads you. You may want to use a journal for this daily time in God's word.

1. What do I learn about God?
2. What do I learn about myself?
3. What do I learn about loving my spouse/others?

Day 1	Day 2	Day 3	Day 4	Day 5
Matthew 1:27-30	Proverbs 3:1-8	Psalm 121	John 15:1-11	James 1:2-8

### *Challenge for the Week:*



Pray out loud with your spouse, recognizing God's authority in your life and marriage. If you don't know what to pray, pray the scriptures above or simply ask God for help.

### *Additional Resources:*



Daily Prayer Email - [www.prayingforhim.com](http://www.prayingforhim.com) and [www.prayingforher.com](http://www.prayingforher.com)