

WEST RIDGE GROUPS

Group Member Discussion Guide

Week of November 20, 2022

CHECK-IN (~20 minutes)

How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?

MESSAGE SUMMARY

This week we continued our teaching series in the book of Mark. We had the honor of hosting Paul Richardson this week as he gave a teaching from Mark 2:1-12. His message was entitled, “Skip To The End.” Taking the story of Jesus healing a paralytic who was lowered through the roof of a home by four of his friends. Jesus not only heals the man physically, He also heals him spiritually by forgiving him of his sins. Jesus is able to heal you too! Will you come to him?

GROUP DISCUSSION (~50 minutes)

1. Thinking back to this week’s message, was there anything particularly challenging for you? What is a take away that you can share with the group?

2. *Read Mark 2:12*

When you skip to the end of your life, or maybe just the season of life you find yourself in currently, what will you look back and say? How does this type of question challenge you? Share your thoughts with the group.

3. *Read Psalm 107:19-20*

In his message this week, pastor Paul made this statement, “If He doesn’t deliver you from it, He will deliver you through it.” Does that challenge you or resonate with you? In what way?

4. *Read Mark 2:5-9*

In these verses, we see that Jesus knew the thoughts of the scribes that were sitting in the room. We know that Jesus is also aware of our own thought life — so the question for us today is what does Jesus find in *our* thought lives?

5. Pastor Paul said, “the words that people use certainly make an impact, but ultimately it is your thought life that is going to demonstrate itself in your physical life.” How have you seen this in your personal life? Share with the group.

6. *Read Matthew 5:3 in the Message Version*

Pastor Paul talked about how often times we will look to Jesus as our last resort. Why do you think that is the case? What can you do this week to begin with Jesus as your first resort?

WRAP-UP (~10 minutes)

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

Example: “Hey _____, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?”

PERSONAL NOTES

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):