

WEST RIDGE GROUPS

Group Member Discussion Guide

Week of October 30, 2022

CHECK-IN (~20 minutes)

How was your week? What was the high part of your week? What was the low part of your week? What can we celebrate together?

MESSAGE SUMMARY

As we continue our teaching series on the book of Mark, Pastor Brian taught through Mark 1:35-39. Jesus was sure to get away to spend time with His Heavenly Father. We see many times throughout the scriptures that even though He was extremely busy, Jesus made it a priority to rely on God for peace, strength, and God's perfect will. If Jesus made this a priority in His life, how much more should we?

GROUP DISCUSSION (~50 minutes)

1. Thinking back to this week's message, what were one or two takeaways that you can share with the group?

2. *Read Mark 1:35, Luke 5:16*

Why do you think it was so imperative that Jesus rose early in the morning to pray?

3. *Read Mark 1:36-38*

How does Jesus respond to those who were looking for him?

4. Pastor Brian shared two quotes in his message:

"The devil doesn't have to destroy us; he only has to distract us." Daniel Henderson
If Satan can't make you bad, he'll make you busy." Adrian Rodgers

How do these two quotes challenge you? Share your thoughts with the group.

5. If you were honest, how would you rate your current prayer life on a scale of 1 to 10? 1 - being non-existent, 10 - being constant. As you feel comfortable, share with the group. What is one next step you can take this week?

WRAP-UP (~10 minutes)

It is important to be growing in our relationship with Jesus and one another - what is one next step you can take this week to grow? Share with the group and commit to holding one another accountable.

What does it look like to hold each other accountable? It can be as simple as a text or phone call during the week. Hebrews 10:25 encourages us to meet regularly and to encourage one another on a regular basis.

Example: “Hey _____, you indicated in group this week that you were struggling at work with being light in a dark place. You said that your next step was to start a conversation with someone at work this week around the topic of faith. How did that go?”

PERSONAL NOTES

This week, my next step is:

This week I am going to check in on (name):

This week, my Bible reading will be (e.g. Philippians chapters 1-4):

RESOURCES/ANNOUNCEMENTS

Join us for our next Prayer Gathering on November 7th at 7pm.