



February 28th Online Pre-K Lesson



Series Overview: This series looks at Jesus' miracles. It encourages kids to accept the challenges that come their way by looking at how Jesus faced and overcame challenges. Kids will see that in everything they experience here on earth, Jesus takes care of them, shows them truth, helps them fight temptation and understands their challenges.

Bible Story: Jesus Predicts His Death: Mark 8:31-38

Big Idea: Jesus understands my challenges.

Series Memory Verse: Who is it that overcomes the world? Only the one who believes that Jesus is the Son of God. -1 John 5:5

Lesson Guide:

1. Dance and sing with your child to one, two or all of these songs.

- Crazy Noise:
<https://www.youtube.com/watch?v=X4Cvh54NXNw&list=PLIW2sAmkqygREWur81dMJ7LACp alVS em&index=1>
- Take Care of Me: <https://www.youtube.com/watch?v=HCKSqVAW5ZM>
- Super Wonderful:
<https://www.youtube.com/watch?v=CShCK9yjbIA&list=PLMxQfqk4FnSy048szsz4GBi7BG4FK Yk-C&index=10>

2. Open the Bible to Mark 8, and teach the Bible story like this:

- **INSTRUCTIONS:** *Lay the Bible on your lap and open to today's Scripture (Mark 8:31-38).*
- Jesus had lots of challenges. Jesus knew more challenges were coming and told his friends, the disciples, about it. Jesus told them what was going to happen.
- **Have you or anyone you know had a pet or a loved one that died?**
- Jesus knew that his life would be full of challenges. Some of those challenges would lead him to give up things that he wouldn't want to give up like his family, his friends, and even living on earth. Sometime very soon, he was going to die. God sent Jesus to do important and difficult things. God was always there to give him help.
- Even though Jesus is God's son, Jesus was also human when he was here on Earth. So he knows how we feel, too. He knows what it's like to feel happy. He knows what it's like to feel sad. Or worried. Or afraid. Jesus knows how tough life could be.
- The Bible says God hears us when we call for help. **Can you pretend to call for help with me as loud as you can?**
- When you are going through a hard time and you're feeling things that you don't understand, or you think no one else understands, we can remember that there is someone who always understands – Jesus. We just need to call out to Jesus.

3. Show this video to review the Bible story:

<https://vimeo.com/491741291/28b65a8b3d>

4. Bible Story Review Activity

- This month, we talked a lot about the challenges Jesus faced, and how Jesus shows us what to do when we face challenges of our own. Remember that whatever you are going through, you are not alone – Jesus has been there. Jesus understands your challenges. Jesus accepts you and your challenges. Let's accept the challenge to follow Jesus the best we can!
- **Do you know anyone who might be going through a challenging time?** Let's make them a card to remind them that Jesus understands and will help them in their challenges.
- Write one or more of the following verses (or choose your own) on the card for your child, and then have them decorate the card.
 - **Psalms 46:1** God is our refuge and strength, an ever-present help in trouble.
 - **Psalms 54:4** Surely God is my help; the Lord is the one who sustains me.
 - **Psalms 86:7** When I am in distress, I call to you, because you answer me.

- **Psalm 55:22** Cast your burdens upon the Lord and He will sustain you.
- **Isaiah 41:10** So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.
- **John 13:7** Jesus replied, "You do not realize now what I am doing, but later you will understand."
- **1 Corinthians 16:23** The grace of the Lord Jesus be with you.
- **Philippians 1:6** And I am sure of this, that he who began ^ha good work in you ⁱwill bring it to completion at the day of Jesus Christ.
- **Hebrews 10:23** Let us hold fast the confession of our hope without wavering, for he who promised is faithful.
- **James 1:2-3** Consider it pure joy, my brothers and sisters,^[a] whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance.
- **1 Peter 5:10** And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.

5. Memory Verse Practice:

- Open a Bible to 1 John 5:5, and read the memory verse aloud to your kids.
- Practice the memory verse with the motions in the following video:

<https://www.dropbox.com/s/lh8j7cfer28vq7c/Feb2021PreKMemVerseMotions.MOV?dl=0>

- Next try this activity...

Supplies: material/ long sock/ a jacket or rope or big rubber bands

- **INSTRUCTIONS:** *Tie together the legs of your entire family and instruct them to try and cross from one side of the room to the other. Have them say the memory verse together as many times as they can as they walk. Once they arrive to the other side of the room, untie them and only tie together two people at a time. Instruct them to go back to the other side of the room only being tied to one other person...still have them say the memory verse. Repeat a few times. The last time have them walk with a friend just holding hands or with their arms hooked together (say the memory verse as they walk).*
- **Which was more challenging, being tied to one other person or being tied to your whole group? Which was easy having your leg tied to a friend and walking or just hooking arms/ holding hands with them as you walked?**
- Being tied to your whole group is like being led by other people. Being tied to only one person is more like walking alongside Jesus.
- Holding hands/ arms is even more like walking with Jesus...the Bible talks about God holding our hands in several places. That language or idea helps us see that God is close to us, He leads us, He helps us up when we fall, He can push or pull us gently to show us where to go, etc.
- I want the God that sacrificed Himself in love to come down to save me and the man that predicted his own death and then came back to life to be holding my hand. I want to walk with Him...what about you?
- The most important thing we can do is to listen to how Jesus is leading us instead of following what the crowd says we should do.
- Walking with and listening to Jesus is overcoming the world one day at a time.

6. Pray with your family.