

September 13th Elementary Family Lesson



Bible Story: God Calls Moses (Exodus 3:1-14; 4:1-17)

Big Idea: God helps us in our weakness.

Series Memory Verse:

My help comes from the LORD, the Maker of heaven and earth. –Psalm 121:2

Lesson Supplies:

- Bible(s)
- 3 balls – can be paper balls
- Bin or basket
- Optional = Poster or paper and coloring utensil to practice the series memory verse

Lesson Guide:

1. Have everyone share something they heard from Pastor Brent's message or a question they have from his message.
2. Get a few Bibles, turn to Exodus 3, so you can read select passages while you review the story something like this...
 - **Does anyone remember what happened to Moses as a baby?** Moses was born into an Israelite home, but was raised by Pharaoh's daughter as her own son.
 - Fast forward a few years. Moses grew up in Pharaoh's home. He probably had everything he could ever want. But one day, he made a big mistake after getting into a fight with an Egyptian man.
 - Moses was afraid someone would find out about it, so he ran away. He ran as far as he could and began a new life. He got married and had a son. Everything was peaceful.

- But God rescued baby Moses from the river for a reason. It was all part of God's plan. And God was about to tell Moses about those plans.
- One day, Moses was with his sheep when he saw something that caught his attention. He saw a bush on fire, but the bush didn't burn up!
- *[Read Exodus 3:4-6 in a deep voice.]* Did you hear that? God was talking to Moses through the bush! **What did God tell him?**
- *[Read Exodus 3:10 -14.]* **What is Moses' reaction? Does he sound happy and ready to go? Is he jumping up and down saying, "Yes! Just what I always wanted to do!"**
 - No, he sounds like he doesn't want to go at all, like he doesn't think he is the right person to go. Let's keep reading.
 - *[Read Exodus 4:10-17.]* Moses asked God to send someone else instead of him. He described himself as slow to speak — maybe he had a stutter, or maybe he just thought he wasn't smart enough.
 - So, God allowed Moses' brother, Aaron, to go with Moses and to speak for him. God also sent Moses with a staff — which is a stick some people use to help them walk — that, with God, he would use to perform miracles.
- It didn't matter that Moses was full of weaknesses and mistakes from the past. God still called Moses to go and save the Israelite people.

3. Discuss some or all of these questions.

- Why did Moses run away from Egypt?
- How did God speak to Moses?
- What did God ask Moses to do and why did Moses not want to do it?
- Re-read Exodus 4:14-17. How did God help Moses in his weakness?
- What do you think is your weakness? How do you think God can help you be strong even when you're feeling weak?
- Is it easy or hard to ask for help? Why?
- Do you ask God for help? Share a time when you have asked God to help you.

4. Play this game as a family.

- Give your child 3 balls (can be paper balls) and have them stand on a start line.
- Set up a basket / bin about 10 feet from them.
- Tell them that they need to get the balls into the basket 20 times, and that they can never shoot in front of the start line.
- Set a timer to see how long this takes them.
- Do not help them at all (you can count their baskets for them, but do not get the balls out or take them back to the start line or anything like that).
- Play again and time them again, but this time hold the basket or bin and move it to help them score every time they shoot, as well as tossing the balls back to them at the start line.
- They shouldn't have to work as hard the second round and they should get a much better time.
- Talk to them about the two rounds...how they felt, the differences, etc.
- Talk about how we need God to help us on a daily basis. We have weaknesses, but God does not.
- Explain that He is all powerful and strong, and yet He is loving and always willing to help us. If God calls us to do something, He will help us do it. We don't have to try to do things in our own strength or hide from doing hard things because we have a God who helps us in our weakness.

- Ask: Will you ask God to help you today? Will you trust that He can and will help you do anything that He asks you to do?

5. Practice the new series memory verse together as a family.

“My help comes from the LORD, the Maker of heaven and earth.” –Psalm 121:2

- You could write it down, or make a poster to hang up together as a family.
- You could do another family challenge (like we did last month) with a reward for the whole family once you all have learned the verse by memory.
- You could make up a hand shake, motions, a dance, etc. to go along with the verse to help you remember it more easily.
- You could throw a paper ball in the air and try to say the whole verse before it lands. (Throw the paper ball high at first to give more time, and then begin throwing it lower and lower to challenge yourself to say the verse faster).

6. Read Psalm 103:7-8 together, discuss it and then pray as a family.

- Be sure to mention that Our God is the same God who helped Moses all those years ago! God is compassionate, gracious, slow to anger, and abounding in love to all of us, even when we are weak. . . especially when we are weak! God helps us today, just like God helped Moses.

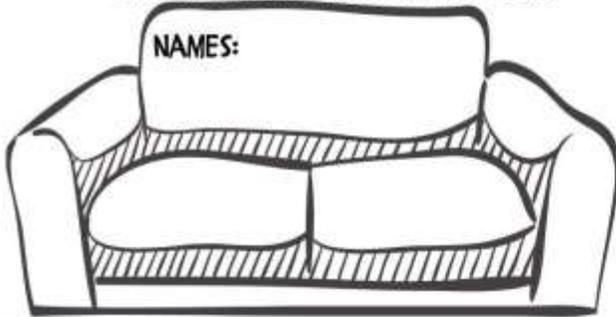
***** If you have a printer, the next page (page 4) is for your kids to take notes while watching the online service... *****

• MONTH _____
 • DAY _____
 • YEAR _____

Sermon Notes From Home



WHO DID YOU SIT WITH ON THE COUCH?



HOW DID YOU WATCH THE SERMON FROM HOME?



WHAT DO YOU MISS ABOUT CHURCH AT CHURCH?

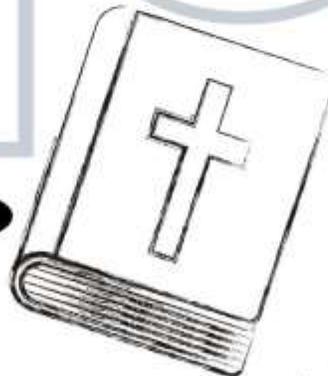
IF YOU DIDN'T SIT ON THE COUCH, DRAW A PICTURE OF HOW YOU VIEWED TODAY'S SERMON OR DRAW A PICTURE OF WHO YOU WATCHED THE SERMON WITH:

ARE YOU IN YOUR JAMMIES OR CLOTHES?? DRAW A PICTURE:

A WORSHIP SONG THAT WAS SUNG:



TODAY'S BIBLE PASSAGE:



3 BIG THINKS FROM TODAY'S SERMON YOU CAN ASK GOD TO USE TO GROW YOU CLOSER TO HIM:

- 1
- 2
- 3

SOMETHING SPECIFIC THAT WAS PRAYED FOR:

SOMETHING SPECIFIC YOU ARE PRAYING FOR:

WHAT IS YOUR FAVORITE PART ABOUT CHURCH AT HOME?