



Bible Story: Paul Encourages the Church of Philippi (Philippians 4:4-6)

Today's Takeaway: God gives us JOY, and JOY is contagious!

Series Verse: "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" (Galatians 5:22-23 NIV)

Weekly Verse: "You love Him even though you have never seen Him. Though you do not see Him now, you trust Him; and you rejoice with a glorious, inexpressible joy." (1 Peter 1:8 NLT)

Discussion Questions:

1. What is the fruit of the Spirit that we are learning about today? (*Joy*)
2. Where does joy come from? (*God*)
3. Do you think you are full of God's joy? Why or why not?
4. How can you spread joy to others?

Activity Ideas:

1. Fruit Fun

What You Need:

- Pear Maze and Fruit Match Page (See page 3)
- Writing utensil or your kid can just use their finger

What You Do:

- You can print the Pear Maze and Fruit Match Page or just look at it on screen.
- Help your child get through the Pear Maze using their finger or a writing utensil.
- Next, look at the Fruit Match pictures.
- Help your child match the fruit pictures from the top row with the same ones on the bottom row using their finger or a writing utensil.
- Talk about how just like fruit grows on trees or vines, etc. that Jesus grows "fruits" in us like love, JOY, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.
- Remind the kids that today we are focusing on how God gives us JOY, and JOY is contagious!

- Ask them what fruit from the pictures should represent joy and why? (Like what fruit makes them the happiest or looks the happiest...this question is just for fun...no spiritual meaning behind it...unless you come up with some 😊)

2. Joy All Over

What You Need:

- About 20 stickers or 20 Joy Cards (you need to make these...just write joy on a piece of paper 20x and then cut or rip them apart)
- Tape (if you are making Joy Cards)

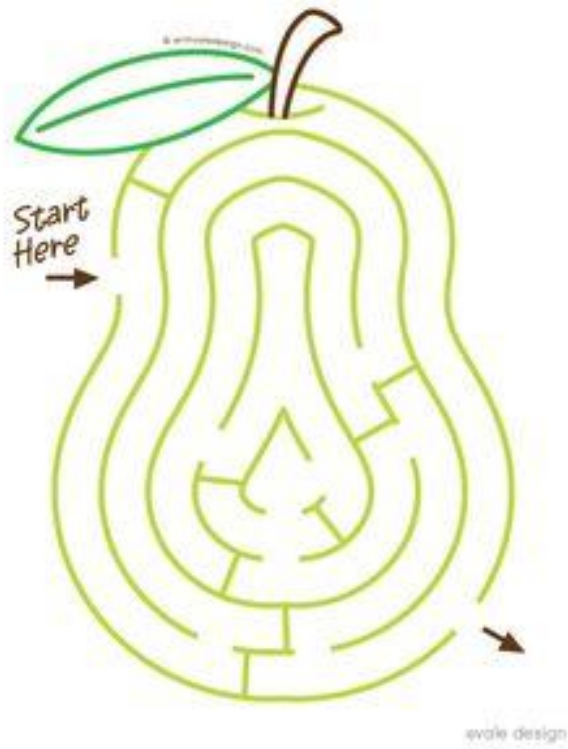
What You Do:

- Help your child put 10 stickers or joy cards all over himself/ herself.
- Allow your child to put 10 stickers or joy cards all over you.
- When you are finished take a picture of you guys jumping up as high as you can with your stickers on shouting for joy OR play a fun song and dance around with joy.
- Talk about how joy and happiness are different.
- Then discuss that we cannot produce joy on our own, but have to receive it from God. God gives us joy when we think on all He has done for us, on His promises, and about how much He loves us. As God fills us with joy, we are able to share joy with others, as well!

Family Prayer:

Take a few minutes to pray as a family to wrap up your time together.

Pear Maze



Fruit Match

