



June 14th Elementary Family Lesson



Bible Story: Paul Encourages the Church of Philippi Part 2 (Philippians 4:7-8)

Today's Takeaway: God gives us peace when we focus on Him!

Series Verse: "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" (Galatians 5:22-23 NIV)

Weekly Verse: "You will keep in perfect peace all who trust in You, all whose thoughts are fixed on You!" (Isaiah 26:3 NLT)

Discussion Questions:

1. What is something you think of when you hear the word peace?
2. What is the opposite of peace?
3. When do you feel most at peace?
4. What makes your life feel chaotic?
5. How can you keep your thoughts focused on God?
6. Optional: Look up these verses and discuss them as a group.
- John 16:33, Isaiah 26:3, Matthew 5:9

Activity Ideas:

1. Peace Walk

What You Need:

- Masking or colored tape OR chalk

What You Do:

- Make a line on the floor with the tape or outside with chalk (about 10-15 feet long)
- Put something at the end of the line that will be your kid's focus/ goal...like a toy they will grab, a piece of candy...a prize of some kind.
- Have your kid focus on their prize, walk across the line without stepping off and then grab or reach their goal ...this will probably be an easy task.
- Congratulate them, and then tell them you are now going to make it more challenging.

- Then spin your child around quickly while saying "You will keep in perfect peace all who trust in You, all whose thoughts are fixed on You!" (Isaiah 26:3 NLT) 2-4 times...you should end up spinning them about 10-15 times.
- As you finish spinning the, face them towards the tape, have them count to 5, and then try to focus on their prize, walk across the tape line again, and reach their goal...this will probably be a much harder task.
- Talk about what happened?
 - Did they step off the tape and fail to reach their goal?
 - Was it harder for you to focus on the prize after they spun around?
 - The first time they walked on the tape, they were completely focused, but the second time they were totally distracted and dizzy.
 - When we keep our focus on God, He helps us see clearly what we need to do, and He gives us peace.
 - When we get distracted by all the busyness in our lives, we lose our focus.

2. Fruit Charades

What You Need:

- Charades Cards (on page 3...you can print them and cut them out or make your own)
- A Timer

What You Do:

- Set a timer for 1 minute.
- Have a volunteer draw cards one at a time and act out what is on the card (NO TALKING from the volunteer actor).
- When someone guesses what the volunteer is acting out correctly, the same volunteer draws another card and continues like that until the 1-minute time is up.
- Have the actor keep the cards that were guessed correctly.
- Then repeat with another volunteer as the actor.
- Play until there are not any more cards.
- If you want to declare a winner, it will be whoever has the most cards.
- Reiterate that the Holy Spirit living in us produces love, joy, PEACE, patience, kindness, goodness, faithfulness, gentleness and self-control.
- Ask the kids if they know which two fruit were not in the game? (*faithfulness & self-control*)
- Remind them that today we are looking at how God gives us PEACE - a state of quiet and freedom from upsetting thoughts or feelings.
- Review what God tells us to think about - things that are true, honorable, right, pure, lovely, admirable, excellent, and worthy of praise.
- Talk about some thoughts they might need to release to God in order to stay focused on Him and have His peace guarding their hearts and minds.

Family Prayer:

Take a few minutes to pray as a family to wrap up your time together.

Charades Cards

LOVE

TREE

HOLY SPIRIT

BANANA

PEACE

GOODNESS

CHURCH

PATIENCE

MIND

JOY

JESUS

FOCUS

WATERMELON

GRAPES

CRAZY

GENTLENESS

LEMON

SCARED

ENCOURAGE

VINE

PRAY

BRANCHES

KINDNESS

HEART

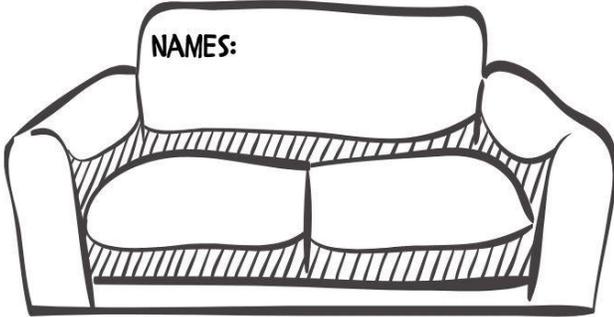
***** If you have a printer, the next page is for your kids to take notes while watching the online service... *****

- MONTH _____
- DAY _____
- YEAR _____

Sermon Notes From Home



WHO DID YOU SIT WITH ON THE COUCH?



HOW DID YOU WATCH THE SERMON FROM HOME?



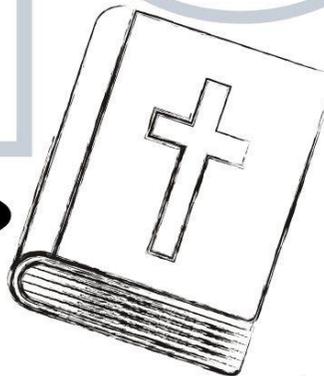
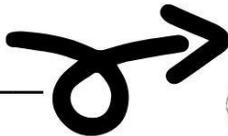
WHAT DO YOU MISS ABOUT CHURCH AT CHURCH?

IF YOU DIDN'T SIT ON THE COUCH, DRAW A PICTURE OF HOW YOU VIEWED TODAY'S SERMON OR DRAW A PICTURE OF WHO YOU WATCHED THE SERMON WITH:

ARE YOU IN YOUR JAMMIES OR CLOTHES?? DRAW A PICTURE:



TODAY'S BIBLE PASSAGE:



A WORSHIP SONG THAT WAS SUNG:



3 BIG THINKS FROM TODAY'S SERMON YOU CAN ASK GOD TO USE TO GROW YOU CLOSER TO HIM:

- 1
- 2
- 3

SOMETHING SPECIFIC THAT WAS PRAYED FOR:

SOMETHING SPECIFIC YOU ARE PRAYING FOR:

WHAT IS YOUR FAVORITE PART ABOUT CHURCH AT HOME?