



March 22 Family Lesson: PRAYER

Discuss:

1. What is prayer? *Talking and listening to God*
2. When can we pray? *Anytime – morning, day or night...dark or light*
3. Where can we pray? *Anywhere – inside, outside, etc.*
4. How can we pray? *Out loud, in our heads, alone, with others, standing up, on our knees, eyes opened, eyes closed, hands folded, etc.*

Go for a prayer walk with your kids:

- Stop at different locations, and at each one, tell God something you are thankful for or think is cool about Him.
 - At some locations, tell the kids to think of something to tell God, but to not say it out loud (explain that God hears their thoughts).
 - At others, kneel down, and talk to God quietly
 - At others, stay standing, and talk to God in a normal voice.
 - At others, jump up, and shout to God.
 - You can close your eyes at some locations, fold your hands, look up, bow your head, etc.
 - Also, at some locations, just pause and be quiet encouraging the kids to listen for God.
- Repeat...go to the same places or walk somewhere new, but this time have the kids tell God they are sorry for something they did or said.
- Repeat...this time have the kids ask God for something they need or want...can be for themselves or others.

AND/ OR

- Watch this video <https://www.youtube.com/watch?v=4S7nG6S1isM>, and make a string telephone with/ for your kids.
- Play with the string telephone, and use it to pray together, as well.