

# References for Counseling

## Formation Counseling Services

<http://formationcounseling.org/>

Uses West Ridge Church facility Monday - Thursday

To schedule an appointment call 678-326-8937 (Monday through Friday)

We want to support your courageous decision to seek counseling by providing clear, easy to understand information about our services. We want you to be able to connect easily to what we have to offer so that you can begin receiving counseling support right away.

As you consider our services, it is important that you know that we do not see you as a list of symptoms or as presenting problem. We do not believe the only goal is for us to provide a "cure" or a "solution." We see you as a person of immeasurable value who is dealing with issues related to symptoms and presenting problems. We want to join with you in such a way that your life is changed, beyond the reducing of symptoms and the solving of problems. We want to help you come closer to living the life you have always wanted to live.

It is our experience that when people face their struggles, and engage resources to help them work through their struggles, the possibilities for the positive transformation of their lives as a result of those struggles is extremely high.

Our highly educated, trained and experienced psychologists, social workers, and counselors offer the following services:

- Individual, couple, and family counseling for adults, adolescents, and children
- Specialized counseling from a Christian perspective
- Marital and relationship counseling
- Pre-marital or pre-engagement testing and counseling
- Art therapy
- Sand tray therapy
- EMDR
- Life Span Integration
- Consultation with pastors regarding mental health issues
- Workshops and seminars

Our counseling services are gladly offered to all, regardless of race, religion, or national origin. We specialize in providing our services from a Christian, Biblical frame of reference. We also consider it a profound privilege to serve those who do not come from a Christian point of view. We provide our services to those who are not Christians with gentleness and respect and without imposing our own beliefs.

Research has shown that the relationship between the client and the counselor is one of the most powerful factors that creates change in counseling. Therefore, we put a great deal of care and effort into matching you with the best counselor for you and for your situation. Because we have a large clinical staff, we are able to offer a significant number of counselor options. This increases the chance of creating a good counseling match for you.

## Hope Counseling Center

<http://hopecounselingatlanta.com/>

Uses West Ridge Church facility on Mondays

To schedule an appointment call (404) 266-0695

**Hope Counseling Center is an outreach program of Richmond Graduate University**

Richmont Graduate University trains professional counselors and marriage & family therapists in a faith-based context, and the Hope Counseling Center is an extension of the institution. Richmond master's level graduates and student interns serve clients in a setting where we seek to understand our clients' strengths and barriers and provide counseling services tailored to the unique needs of each individual or family.