Substance Abuse/Addiction Recovery

Addiction is more than just a "problem" it's a medically proven disease, just like diabetes, cancer, and heart disease. And it's just as life-threatening if left untreated.

While the symptoms of these other diseases are mostly physical, people with alcoholism and drug problems experience emotional and social symptoms as well, often hurting their friends, families, jeopardizing their jobs, or harming themselves.

Celebrate Recovery

Celebrate Recovery is a Christ-centered, biblically-driven program that links the elements of fellowship, worship, teaching, support groups and bible studies under one curriculum.

A 12-step program based on Jesus' beatitudes, Celebrate Recovery is focused on anyone with a hurt, habit or hang-up. It centers on the saving grace of Jesus Christ, who provides both healing from sin and spiritual growth.

We do not offer Celebrate Recovery at West Ridge but there are three churches in the community we refer people to.

- Lost Mountain Baptist. 5400 Old Dallas Road, Powder Springs, GA 30127 770.428.5335. Every Tuesday at 6:00 PM. Food is available and a worship gathering begins at 7pm. Various groups meet at 8pm. <u>http://lmbc.us/celebrate-recovery/</u>
- 2. **Burnt Hickory Baptist**. 5145 Due West Rd I Powder Springs, GA 30127 IPhone: 770.590.0334. Celebrate Recovery meets weekly on Thursday evenings from 6-9pm at The Oaks at Burnt Hickory. Dinner is from 6-7pm, worship and large group is from 7-8pm, and small groups meet from 8-9pm. http://www.burnthickory.com/celebrate-recovery/
- Pleasant Grove Baptist Church. 1167 Angham Rd, Hiram, GA 30141 Phone:(770) 222-1958. Meets Every Thursday Night. Meals begin in the fellowship hall at 5:30 PM. Service begins in the sanctuary at 6:50 PM. Classes begin throughout the campus at 8:00 PM. <u>http://www.pleasantgrovehiram.org/celebraterecovery</u>

Books

- Freedom from Addiction: Breaking the Bondage of Addiction and Finding Freedom in Christ by Neil T. Anderson
- Setting Boundaries with your Adult Children, by Bottke
- Love First: a family's guide to intervention

Other Support Groups

- Families Anonymous: https://www.familiesanonymous.org/
- Narcotics Anonymous: http://www.nar-anon.org/
- Al-anon Strength and support for friends and family of problem drinkers <u>http://al-anon.org/</u>
- Alcoholics Anonymous After Hours Hotline: You can call (404) 525-3178 anytime of day or night to reach volunteers for help

Treatment Center Resources

If someone is currently drunk or has not been detoxed from alcohol, they will have to be helped medically before going to a treatment center. You will need to tell the person or family member trying to help the person that they must go to the emergency room for treatment. The ER may then transfer the patient to a treatment center for a period of time until they are detoxed from alcohol.

Please not that all treatment centers require payment and are often expensive. The only free treatment center in our area is The Extension in Cobb County, and it is only for homeless men and women.

Charter Peachford Hospital	Ridgeview Institute
2151 Peachford Road	3995 South Cobb Dr
Atlanta, GA 30338	Smyrna, GA 30080
(770) 445.3200 (24/7)	(770) 434.4567 (24/7)
http://peachford.com/	1-800-329-775 (24/7)
	http://ridgeviewinstitute.com/

Willowbrook at Tanner Behavioral Health 20 Herrell Rd Villa Rica, GA 30180 (770) 456-3266 http://www.tanner.org/Mercy Ministries (Girls/Women ONLY) In-patient, long-term, non-profit (615)-831-6987 http://mercymultiplied.com/	First Baptist Church of Woodstock- The Hope Quest Ministry Group, Inc. PO Box 2699 Woodstock, GA 30188 (678) 391.5950 https://hopequestgroup.org/ The Extension (a free licensed residential recovery program serving homeless men and women of Cobb County who suffer from alcohol and other addictions) P.O. Box 793 Marietta, GA 30061 770-590-9075 770-528-4852 (Women's Program) info@theextension.org
The Joy House (restorative care for struggling teens, families and individuals) 24 Virtue Lane Jasper, GA 30143 (706) 253-7569 www.thejoyhouse.org	